

- | Variable | Mean | SD | Min | Max | Median | Mode | Range | Skewness | Kurtosis | Normality |
|-------------------------|------|------|-----|------|--------|------|-------|----------|----------|-----------|
| Age | 35.2 | 12.5 | 18 | 65 | 32 | 30 | 47 | 0.15 | -0.5 | 0.95 |
| Gender | 0.5 | 0.5 | 0 | 1 | 0.5 | 0 | 1 | 0.0 | 0.0 | 0.99 |
| Marital Status | 0.3 | 0.5 | 0 | 1 | 0.3 | 0 | 1 | 0.0 | 0.0 | 0.99 |
| Education | 12.5 | 2.5 | 8 | 16 | 12 | 12 | 4 | 0.1 | -0.2 | 0.98 |
| Income | 1500 | 500 | 500 | 3000 | 1200 | 1000 | 2500 | 0.2 | 0.1 | 0.97 |
| Occupation | 1.5 | 1.0 | 1 | 3 | 1.5 | 1 | 3 | 0.0 | 0.0 | 0.99 |
| Health Status | 2.0 | 1.0 | 1 | 3 | 2.0 | 2 | 2 | 0.0 | 0.0 | 0.99 |
| Stress Level | 3.5 | 1.5 | 1 | 5 | 3.0 | 3 | 4 | 0.1 | -0.1 | 0.98 |
| Life Satisfaction | 4.0 | 1.0 | 1 | 5 | 4.0 | 4 | 4 | 0.0 | 0.0 | 0.99 |
| Resilience | 3.0 | 1.0 | 1 | 5 | 3.0 | 3 | 4 | 0.1 | -0.1 | 0.98 |
| Optimism | 3.5 | 1.0 | 1 | 5 | 3.5 | 3 | 4 | 0.1 | -0.1 | 0.98 |
| Emotional Stability | 3.0 | 1.0 | 1 | 5 | 3.0 | 3 | 4 | 0.1 | -0.1 | 0.98 |
| Self-Esteem | 3.5 | 1.0 | 1 | 5 | 3.5 | 3 | 4 | 0.1 | -0.1 | 0.98 |
| Life Purpose | 3.0 | 1.0 | 1 | 5 | 3.0 | 3 | 4 | 0.1 | -0.1 | 0.98 |
| Meaning in Life | 3.5 | 1.0 | 1 | 5 | 3.5 | 3 | 4 | 0.1 | -0.1 | 0.98 |
| Existential Well-being | 3.0 | 1.0 | 1 | 5 | 3.0 | 3 | 4 | 0.1 | -0.1 | 0.98 |
| Overall Quality of Life | 3.5 | 1.0 | 1 | 5 | 3.5 | 3 | 4 | 0.1 | -0.1 | 0.98 |